

# Mentorship Course

## GUIDE

### WEEK 1

#### **Understanding Who God is and Your Identity in Him**

- ☐ LESSON #1: SEEING GOD FROM GENESIS TO REVELATION
- ☐ LESSON #2: WHO IS GOD? WHO AM I?
- ☐ LESSON #3: OUR IDENTITY IN CHRIST AS REDEEMED DAUGHTERS
- ☐ LESSON #4: CHOOSING TO LIVE AS A GIRL DEFINED BY GOD

### WEEK 2

#### **Finding Freedom from Sin and Fighting Temptation**

- ☐ LESSON #1: GOD'S VIEW OF SIN VS. THE WORLD'S VIEW
- ☐ LESSON #2: LEARNING TO SPOT SIN STRUGGLES IN YOUR OWN LIFE
- ☐ LESSON #3: THE POWER OF BIBLICAL REPENTANCE
- ☐ LESSON #4: HOW TEMPTATION WORKS IN EVERYDAY LIFE
- ☐ LESSON #5: WALKING IN FREEDOM WITH CHRIST'S HELP

### WEEK 3

#### **Personal Devotions 101**

- ☐ LESSON #1: WHY DID GOD GIVE US THE BIBLE?
- ☐ LESSON #2: STUDYING THE BIBLE VS. PERSONAL DEVOTIONS
- ☐ LESSON #3: EXPLORING DIFFERENT PERSONAL DEVOTIONAL METHODS
- ☐ LESSON #4: 5 PRACTICAL TIPS TO HELP WITH YOUR PERSONAL DEVOTIONS
- ☐ LESSON #5: KRISTEN & BETHANY'S FAVORITE BIBLICAL RESOURCES

## WEEK 4

### **The Power of Prayer in Your Daily Life**

- ☐ LESSON #1: WHAT DOES THE BIBLE ACTUALLY TEACH ABOUT PRAYER?
- ☐ LESSON #2: THE POWER OF PRAYER IN EVERYDAY LIFE
- ☐ LESSON #3: JESUS'S METHOD FOR DAILY PRAYER
- ☐ LESSON #4: PRACTICAL TIPS FOR CREATING A PRAYER PLAN

## WEEK 5

### **Using the Bible to Help with Personal Struggles**

- ☐ LESSON #1: HOW THE BIBLE COUNSELS OUR HEART STRUGGLES
- ☐ LESSON #2: BETHANY'S JOURNEY OF FINDING HOPE DURING SINGLENESS
- ☐ LESSON #3: BIBLICAL HELP FOR ANXIETY AND WORRY
- ☐ LESSON #4: BIBLICAL HELP FOR LUST AND SEXUAL STRUGGLES
- ☐ LESSON #5: BIBLICAL HELP FOR RECONCILIATION AND TRUE FORGIVENESS

## WEEK 6

### **Becoming a Girl Who Chases Truth for Herself**

- ☐ LESSON #1: ARE YOU A GIRL OF THE WORLD OR GIRL OF THE WORD?
- ☐ LESSON #2: BECOMING A GIRL WHO FEARLESSLY PURSUING GOD'S WORD
- ☐ LESSON #3: ARE YOU LIVING TO BE LIKED OR LIVING TO PLEASE GOD?
- ☐ LESSON #4: LET'S BRAVELY CHASE TRUTH TOGETHER

## WEEK 7

### **Trusting God in Every Season of Life**

- ☐ LESSON #1: IT'S REALLY HARD TO TRUST GOD
- ☐ LESSON #2: KRISTEN'S JOURNEY OF TRUSTING GOD THROUGH DISAPPOINTMENT
- ☐ LESSON #3: GETTING TO THE HEART OF TRUST
- ☐ LESSON #4: WHERE DO YOU MOST STRUGGLE TO TRUST GOD?
- ☐ LESSON #5: SISTER, YOU CAN TRUST GOD (HE IS GOOD)

## WEEK 8

### **How to Mentor a Younger Woman**

- ☐ LESSON #1: THE AWESOME TITUS 2 CALLING
- ☐ LESSON #2: THERE'S ALWAYS SOMEONE YOUNGER THAN YOU
- ☐ LESSON #3: DIFFERENT LEVELS OF MENTORSHIP: BASIC TO ADVANCED
- ☐ LESSON #4: HOW TO FIND AND MENTOR A YOUNGER GIRL
- ☐ LESSON #5: JOIN THE SISTERHOOD OF WOMEN MENTORING WOMEN!

## BONUS

### **You Did it! Way to Go!**

- ☐ WHERE TO GO FROM HERE