

## WEEK 1 Understanding Who God is and Your Identity in Him

LESSON #1: SEEING GOD FROM GENESIS TO REVELATION

LESSON #2: WHO IS GOD? WHO AM I?

LESSON #3: OUR IDENTITY IN CHRIST AS REDEEMED DAUGHTERS

LESSON #4: CHOOSING TO LIVE AS A GIRL DEFINED BY GOD

WEEK 2 Finding Freedom from Sin and Fighting Temptation

LESSON #1: GOD'S VIEW OF SIN VS. THE WORLD'S VIEW

LESSON #2: LEARNING TO SPOT SIN STRUGGLES IN YOUR OWN LIFE

LESSON #3: THE POWER OF BIBLICAL REPENTANCE

LESSON #4: HOW TEMPTATION WORKS IN EVERYDAY LIFE

LESSON #5: WALKING IN FREEDOM WITH CHRIST'S HELP

# NEEK 3 Personal Devotions 101

### LESSON #1: WHY DID GOD GIVE US THE BIBLE?

LESSON #2: STUDYING THE BIBLE VS. PERSONAL DEVOTIONS

### LESSON #3: EXPLORING DIFFERENT PERSONAL DEVOTIONAL METHODS

### LESSON #4: 5 PRACTICAL TIPS TO HELP WITH YOUR PERSONAL DEVOTIONS

### LESSON #5: KRISTEN & BETHANY'S FAVORITE BIBLICAL RESOURCES

# WEEK 4 The Power of Prayer in Your Daily Life

LESSON #1: WHAT DOES THE BIBLE ACTUALLY TEACH ABOUT PRAYER?

LESSON #2: THE POWER OF PRAYER IN EVERYDAY LIFE

LESSON #3: JESUS'S METHOD FOR DAILY PRAYER

### LESSON #4: PRACTICAL TIPS FOR CREATING A PRAYER PLAN

#### WEEK 5 Using the Bible to Help with Personal Struggles

LESSON #1: HOW THE BIBLE COUNSELS OUR HEART STRUGGLES

LESSON #2: BETHANY'S JOURNEY OF FINDING HOPE DURING SINGLENESS

LESSON #3: BIBLICAL HELP FOR ANXIETY AND WORRY

LESSON #4: BIBLICAL HELP FOR LUST AND SEXUAL STRUGGLES

LESSON #5: BIBLICAL HELP FOR RECONCILIATION AND TRUE FORGIVENESS

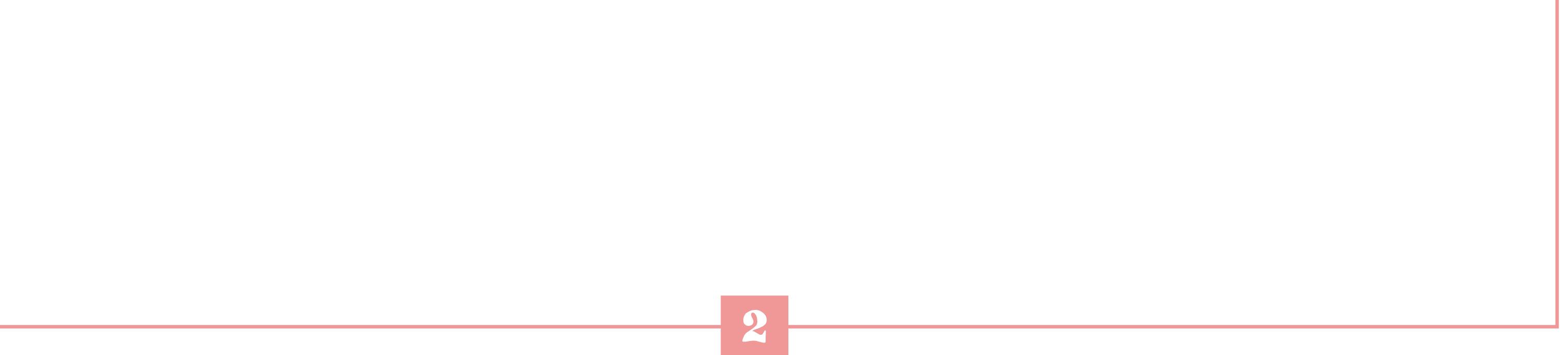
#### Becoming a Girl Who Chases Truth for Herself WEEK 6

LESSON #1: ARE YOU A GIRL OF THE WORLD OR GIRL OF THE WORD?

LESSON #2: BECOMING A GIRL WHO FEARLESSLY PURSUING GOD'S WORD

LESSON #3: ARE YOU LIVING TO BE LIKED OR LIVING TO PLEASE GOD?

LESSON #4: LET'S BRAVELY CHASE TRUTH TOGETHER

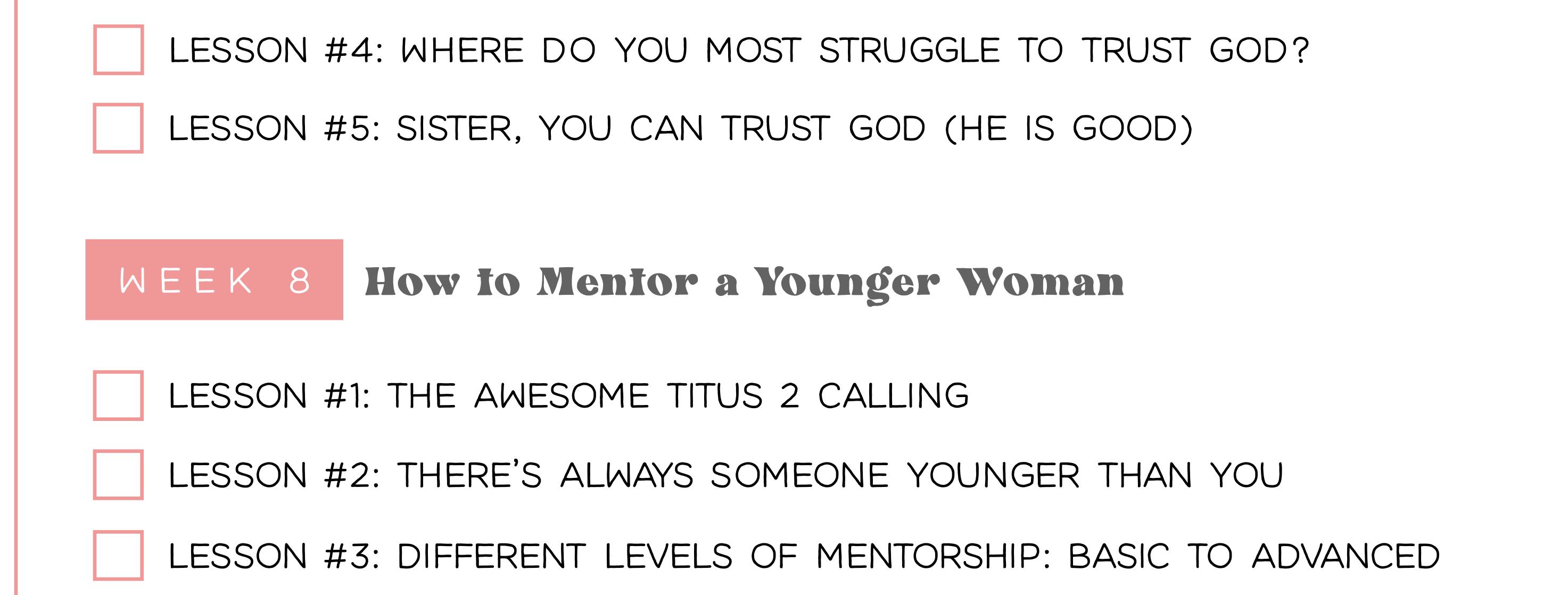


# WEEK 7 Trusting God in Every Season of Life

## LESSON #1: IT'S REALLY HARD TO TRUST GOD

LESSON #2: KRISTEN'S JOURNEY OF TRUSTING GOD THROUGH DISAPPOINTMENT

LESSON #3: GETTING TO THE HEART OF TRUST



LESSON #4: HOW TO FIND AND MENTOR A YOUNGER GIRL



# BONUS You Did it? Way to Go?

## WHERE TO GO FROM HERE

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